

MANHATTAN COMMUNITY RESOURCES

IMPORTANT CONTACTS TO KNOW

Dept of Social Services	Services
518-447-7300	Services include providing aid to eligible recipients through the Family Assistance, Safety Net, Day Care, Employment, Supplemental Nutrition Assistance Program (formerly called food stamps), Medicaid, and Home Energy Assistance Programs.
Office for the Aging	
518-447-7198	The New York State Office for the Aging's (NYSOFA's) home and community-based programs provide older persons access to a well-planned, coordinated package of in-home and other supportive services designed to support and supplement informal care.
APS	
518-447-7177	APS is a mandated service provided by local social services districts. It involves intake, investigation and assessment of referrals of abuse, neglect, and financial exploitation of impaired vulnerable adults who live in the community
Mobile Mental Health	
518-447-4555	Crisis Intervention services, applicable to adults, children and adolescents are intended to stabilize behavioral health symptoms and return individuals to pre-crisis levels of functioning. Programs that exclusively provide phone support.
HEAP	
518-447-7323	HEAP is a federally funded energy program intended to assist low-income households in meeting their immediate home energy needs.

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SNAP	
800-342-3009	SNAP provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy food and move towards self-sufficiency.
NYS Office of Temporary and Disability Assistance	
800-342-3009	The Office of Temporary and Disability Assistance (OTDA) offers programs for food and temporary cash assistance, heating assistance, child support enforcement, and more.
Medicaid transportation contact for DSNP members with FFS Medicaid	
800-850-5340	Services include processing requests (forms, 2015, etc) from Medicaid recipients and doctors (social workers, office assistants, etc.) and duly facilitating necessary transportation to various private car companies in your area
paratransit	
https://www.albanycounty.com/departments/aging/transportation and https://www.cdta.org/star-program	The Capital District Transportation Authority(CTDA), a public benefit organization, provides regular route buses, shuttle buses, and paratransit services in the Capital Region transportation district, with the goal of offering safe, reliable, and courteous service.

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INDEPENDENT LIVING CENTERS

Regional Counties	Contact Information	Auxiliary Independent Living Centers	Services
<p>New York City _Bronx, Kings, New York,</p>	<p>Dheki Lama Center for Independence of the Disabled in New York (CIDNY) 71 80-02 Kew Gardens Road Kew Gardens, NY 11415 Email: dlama@cidny.org Tel: 646-368-8034 Fax: 718-866-1072 Admin - Ashley Francis afrancis@cidny.org Qiana Hankins 646-849-8204 qhankins@cidny.org Fred Horlback 646-849-8318 fhorlback@cidny.org</p>	<p>Bronx Independent Living Services, Bronx 718-515-2800 Alesha Ottenwalder 929-388-7424 alesha@bils.org Lisa Rivera 929-502-7333 Lisa@bils.org Natasha Davis 929-388-7428</p>	<p>Independent Living Centers (ILCs) are community-based organizations whose main focus is to teach people with disabilities the skills required for independent living. Other services include advocacy, counseling, support groups, assistance with housing, and referrals.</p>
<p>New York City _Bronx, Kings, New York,</p>	<p>Open Doors staff at NYAIL Suzanne de Beaumont, Project Director sdebeaumont@ilny.org Laurie Carter, Statewide SW Coordinator lcarter@ilny.org Tami Loya, Education and Outreach Director tloya@ilny.org</p>		

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NATIONAL CONTACTS

<p>Affordable Connectivity Program</p>	<p>The Affordable Connectivity Program provides: Up to \$30/month discount for broadband service; Up to \$75/month discount for households on qualifying tribal lands; and A one-time discount of up to \$100 for a laptop, desktop computer, or tablet purchased through a participating provider if the household contributes more than \$10 but less than \$50 toward the purchase price. The Affordable Connectivity Program is limited to one monthly service discount and one device discount per household. Eligibility The guidelines outline specific criteria for eligibility, including having a household income at or below 200 percent of the Federal Poverty Guidelines or having a member of the household who meets at least one of the criteria outlined at https://www.fcc.gov/acp. Two Steps to Enroll 1. Go to ACPBenefit.org to submit an application or print out a mail-in application, and 2. Contact your preferred participating provider to select a plan and have the discount applied to your bill. For more information and full details, visit https://www.fcc.gov/acp or call 877-384-2575</p>
<p>Relay Health Services</p>	<p>711 TTY - Relay Health Services for those with communication impairments- TTY-based Telecommunications Relay Services permit persons with a hearing or speech disability to use the telephone system via a text telephone (TTY) or other device to call persons with or without such disabilities.</p>
<p>National Suicide Hotline</p>	<p>988 - National Suicide Hotline- 988 is the easy-to-remember number that reaches what is commonly referred to as the Lifeline—a network of more than 200 state and local call centers funded by the U.S. Department of Health and Human Services through the Substance Abuse Administration and administered by Vibrant Emotional Health</p>
<p>Information and Referral Services</p>	<p>211-2-1-1 is a free telephone number providing access to local community services. 2-1-1 is available in multiple languages, allowing those in need to access information and obtain referrals to physical and mental health resources; housing, utility, food, and employment assistance; and suicide and crisis interventions.</p>
<p>Covid-19 Emotional Support Helpline</p>	<p>1(844)-863-9314 Hours: Every day 8AM-10PM We have an emotional support helpline, educational materials, trusted referrals, and local provider agencies... all dedicated to helping you manage and cope with changes brought on by COVID.</p>

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	<p>NY Project Hope Crisis Counselors understand what you are going through. Talking with them is free, confidential, and anonymous. Talk with someone who is trained, knowledgeable and never judges. Sometimes it's helpful to talk with someone you don't know.</p>
<p>Coalition For the Homeless Crisis Hotline</p>	<p>COALITION FOR THE HOMELESS CRISIS HOTLINE 888-358-2384 Call to get help finding shelter or other crisis needs, including SSI Benefits, housing assistance, and Mail Service</p>

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DROP-IN CENTERS

AGENCY ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE	SERVICES
Cardinal McCloskey Community Center	718.993.5495	333 E. 149th St., Bronx, NY	Every day open 8PM-8AM overnight Note: For youth ages 14-24		
BronxWorks - Living Room	718.893.3606	800 Barretto Street, Bronx, NY	24/7-Note: Men & women, 21 & over Health Services: Mon- Thurs, Preferred to call to set-up appointment: 347-269-4572		

FOOD

AGENCY ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE	SERVICES
Catholic Charities Community Services Bronx Center	718.292.9090 x10	402 E. 152nd St. (and Melrose Ave.)	Pantry open: Wed. 11AM- 2PM, Thurs & Fri. 10AM-12PM Note: ID required, can go once a month. Line up outside		

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FINANCIAL

AGENCY ORGANIZATION NAME	PHONE	ADDRESS	WEBSITE	SERVICES
Jewish Community Council of Pelham Parkway	718-792-4744	2157 Holland Avenue, Bronx, NY 10462	http://www.jccpelhamparkway.org	Emergency food vouchers, Food Bank
Highbridge Community Life Center	(718) 681-2222	979 Ogden Avenue, Bronx, NY 10452		offers permanent affordable housing, financial assistance for rent, housing, and utility bills, and a food pantry is also available on site.
New York City Human Resources Administration (HRA): One Shot Deal	718-557-1399		https://access.nyc.gov/programs/one-shot-deal/	<p>The 'One Shot Deal' emergency assistance program helps people who cannot meet an expense due to an unexpected situation or event.</p> <p>Emergency assistance is provided for, but not limited to, the following situations:</p> <ul style="list-style-type: none"> - Homelessness - Dispossess/Eviction - Utility disconnected or pending termination - Fire disaster - Domestic violence - Circumstances that affect the

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				health and safety of the individual or family
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HEALTHCARE

AGENCY ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE	SERVICES
Mobile Medical Vans - Street Health Outreach & Wellness		147th St. & Willis Av	Tues-Sat, 11AM - 7PM. Walk up to van		Covid testing & vaccine (Pfizer) Free Testing kits Hep A vaccine, Wound care (by a nurse) Harm Reduction - clean needles, narkan

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HOUSING

AGENCY ORGANIZATION NAME	PHONE	ADDRESS	WEBSITE	SERVICES
BronxWorks Homeless Outreach Team (HOT)	(646)393-4070	800 Barretto St, Bronx, NY 10474, 1st Floor	https://bronxworks.org/our-services/adult-and-family-homeless-services/homeless-outreach-team/	We help street homeless people obtain appropriate services, move to safer environments, and get placed in permanent or long-term transitional housing.
Neighborhood Association for Inter-Cultural Affairs, Inc., (NAICA)	718-538-3344 Ext. 100 or 117	1075 Grand Concourse, Bronx, NY 10452	https://www.naicany.org	<p>NAICA's mission is to provide culturally & linguistically client-centered housing, legal and social support services that promote self-efficacy and improves the quality of life for individuals and families in New York.</p> <ul style="list-style-type: none"> Homeless Prevention Rapid Rehousing Eviction Prevention Supportive Housing Legal Housing Services Low-Income Affordable Housing Program Tenant Advocacy Tenant Landlord Litigation
Homebase Help USA	646-905-5289	815 Burke Avenue, Bronx, NY 10467	https://www.helpusa.org/strengthening-communities/	Homebase programs are designed to assist families and individuals who are homeless or at imminent risk for becoming homeless to develop a plan for long-term housing stability.

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Maya's Place	(718)583-2380	1774 Popham Ave., Bx, NY	Emergency Shelter services.Note: For women only ages 16-20
BronxWorks - Pyramid Safe	(718)742-1100	470 E. 161st St.	Emergency Shelter services.Note: Men only. Can help with housing placement and benefits assistance, drug and alcohol treatment referrals, medical and psychiatric assistance.
PATH (Prevention and Temporary Housing) - Family Intake Center		151 E. 151st Street, Bronx, NY	Emergency Shelter services. Applications processed during business hours: 9AM-5PM Note: For Families WITH minor children (under 21) Includes: Families with pregnant women *Important note: All families who are applying for shelter at PATH must have proper ID for all members of their household. The IDs are as follows: Birth certificate, Social Security Card, Medicaid card, Public Assistance ID, and if employed, a pay stub. Also, any ID with a picture, which includes a Benefits ID card, green card, driver's license, passport, visa, or employment ID card. *Family workers are available on-site to help families obtain necessary information and documents. "
Franklin Women's Shelter (intake shelter)	(718)842-9797	1122 Franklin Avenue at	Emergency Shelter services. For Single adult women only ID Required Directions: Take the #2 or #5 train to 149th

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	East 166th Street, Bronx, NY 10456	St / 3rd Ave and the 55 Bus to 3rd Ave and E. 166th St. "
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HRA CENTERS

AGENCY ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE	SERVICES
Crotona HRA Center	(929)252-7310/(929)252-7511	1910 Monterey Ave.			
Rider HRA Center	(718)585-7872	305 Rider Ave			

HYGIENE

AGENCY ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE	SERVICES
BronxWorks - Living Room	718.893.3606 Note: Men & women, 21 & over	800 Barretto Street	Hours 24/7		Showers and assistance w/ housing placement, benefits, drug and alcohol treatment, medical and psychiatric assistance.
BronxWorks - Pyramid Safe Haven	718.742.1100	470 E. 161st St.	Hours 24/7		Showers and assistance w/ housing placement, benefits, drug and alcohol treatment, medical and psychiatric assistance.

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LEGAL SERVICES

AGENCY ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE	SERVICES
POTS (Part of the Solution)	For legal assistance contact (718)220-4892x111 or 117 to schedule a phone meeting.	2759 Webster Avenue, Bx, NY	Mon-Fri. 9AM-11:30PM		

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OTHER

AGENCY ORGANIZATION NAME	PHONE	ADDRESS	WEBSITE	SERVICES
<p>JASA (Jewish Association Serving the Aging)</p>	<p>212.273.5272</p>	<p>Bartow Senior Center 2049 Bartow Avenue Bronx, NY 10475 718.320.2066</p> <p>Dreiser Senior Center 177 Dreiser Loop Bronx, NY 10475 718.320.1345</p> <p>Einstein Senior Center 135 Einstein Loop Bronx, NY 10475 718.671.5161</p> <p>Throggs Neck Senior Center 2705 Schley Avenue Bronx, NY 10465 718.823.1771</p> <p>NORTHEAST BRONX SENIOR CENTER 2968 Bruckner Boulevard, Bronx 10465</p>	<p>http://www.onestopseniorservices.org</p>	<p>JASA is proud to announce an affiliation with One Stop (One Stop Senior Services), a well-established agency founded in 1981 providing quality services to seniors living on the Upper West Side. With aligned missions and complementary service structures, the affiliation enables JASA and One Stop to coordinate and enhance the delivery of such services as case assistance, care management, advocacy training, and home care for a walk-in senior population as well as homebound seniors.</p>

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		718-892-6090		
OUR LADY OF THE ASSUMPTION		<p>50+ Club 1634 Mahan Avenue, Bronx 10461 718-319-1923, Sr. Veronica</p> <p>Widow&Widowers 1634 Mahan Avenue, Bronx 10461 914-637-6203, J Mcquinnes</p> <p>PSS City Island Senior Center 116 City Island Avenue Bronx, NY 10464 718 885-0727 Patricia Attis, Program Manager</p>		

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		pattis@pssusa.org.		
SISTERS, SERVANTS OF MARY	718-829- 0428	3305 Country Club Road Bronx, NY 10465	www.Servantsofmary-ny.org	Care for Physical, Emotional, Spiritual Needs of Chronically Sick, Terminally Ill 3305 Country Club Road
ST. FRANCIS de CHANTAL	718-792- 5500, Sr. Joan Marie	190 Hollywood Avenue, Bronx 10465		

URGENT CARE

AGENCY ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION
UrgiCare 1009 East 163rdMetro	(718) 561- 2900	1009 East 163rd St	
Metro UrgiCare 1381 White Plains	(718) 892- 5500	1381 White Plains Rd	
Metro UrgiCare 1434 Williamsbridge	(718) 561- 2800	1434 Williamsbridge Rd.	

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Metro UrgiCare 1550 University	(646) 350-1616	1550 University Ave	
Metro UrgiCare 1775 Grand Concourse	(718) 822-6300	1775 Grand Concourse Ste 4C	
Metro UrgiCare 1990 McGraw	(718) 561-0200	1990 McGraw Ave	
Metro UrgiCare 2202 Grand Concourse	(718) 822-8300	2202 Grand Concourse	
Metro UrgiCare 2722 Plains	(718) 792-2722	2722 White Plains Rd	
Metro UrgiCare 3200 Grand Concourse	(718) 561-3200	3200 Grand Concourse	
Metro UrgiCare 3231 East Tremont	(718) 597-5800	3231 East Tremont Ave	
Metro UrgiCare 387 Bedford	(718) 822-4700	387 Bedford Park BLVD	
Metro UrgiCare 5665 Riverdale	(347) 913-4242	5665 Riverdale Ave	
Metro UrgiCare 593 East Tremont	(718) 294-2800	593 East Tremont Ave	



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