

COLUMBIA COUNTY COMMUNITY RESOURCES

IMPORTANT CONTACTS TO KNOW

| Dept of Social Services | Services |
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| 518-447-7300 | Services include providing aid to eligible recipients through the Family Assistance, Safety Net, Day Care, Employment, Supplemental Nutrition Assistance Program (formerly called food stamps), Medicaid, and Home Energy Assistance Programs. |
| Office for the Aging | |
| 518-447-7198 | The New York State Office for the Aging's (NYSOFA's) home and community-based programs provide older persons access to a well-planned, coordinated package of in-home and other supportive services designed to support and supplement informal care. |
| APS | |
| 518-447-7177 | APS is a mandated service provided by local social services districts. It involves intake, investigation and assessment of referrals of abuse, neglect, and financial exploitation of impaired vulnerable adults who live in the community |
| Mobile Mental Health | |
| 518-447-4555 | Crisis Intervention services, applicable to adults, children and adolescents are intended to stabilize behavioral health symptoms and return individuals to pre-crisis levels of functioning. Programs that exclusively provide phone support. |
| HEAP | |
| 518-447-7323 | HEAP is a federally funded energy program intended to assist low-income households in meeting their immediate home energy needs. |

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| SNAP | |
| 800-342-3009 | SNAP provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy food and move towards self-sufficiency. |
| NYS Office of Temporary and Disability Assistance | |
| 800-342-3009 | The Office of Temporary and Disability Assistance (OTDA) offers programs for food and temporary cash assistance, heating assistance, child support enforcement, and more. |
| Medicaid transportation contact for DSNP members with FFS Medicaid | |
| 800-850-5340 | Services include processing requests (forms, 2015, etc) from Medicaid recipients and doctors (social workers, office assistants, etc.) and duly facilitating necessary transportation to various private car companies in your area |
| paratransit | |
| https://www.albanycounty.com/departments/aging/transportation and https://www.cdta.org/star-program | The Capital District Transportation Authority(CTDA), a public benefit organization, provides regular route buses, shuttle buses, and paratransit services in the Capital Region transportation district, with the goal of offering safe, reliable, and courteous service. |

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INDEPENDENT LIVING CENTERS

| Regional Counties | Contact Information | Auxiliary Independent Living Centers | Services |
|---|---|---|---|
| <p>Albany South Albany, Columbia, Greene, Rensselaer, Schenectady, Schoharie</p> | <p>Debbie Abreu Independent Living Center of the Hudson Valley (ILCHV) 15-17 Third Street Troy, NY 12180 Email: dabreu@ilchv.org Tel: 518-274-0701, ext. 109 Fax: 518-274-7944 Educ & Outreach, Pat Pfeifer ppfeifer@ilchv.org</p> | <p>Capital District Center for Independence, Albany 518-459-6422</p> | <p>Independent Living Centers (ILCs) are community-based organizations whose main focus is to teach people with disabilities the skills required for independent living. Other services include advocacy, counseling, support groups, assistance with housing, and referrals.</p> |

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NATIONAL CONTACTS

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| <p>Affordable Connectivity Program</p> | <p>The Affordable Connectivity Program provides: Up to \$30/month discount for broadband service; Up to \$75/month discount for households on qualifying tribal lands; and A one-time discount of up to \$100 for a laptop, desktop computer, or tablet purchased through a participating provider if the household contributes more than \$10 but less than \$50 toward the purchase price. The Affordable Connectivity Program is limited to one monthly service discount and one device discount per household. Eligibility The guidelines outline specific criteria for eligibility, including having a household income at or below 200 percent of the Federal Poverty Guidelines or having a member of the household who meets at least one of the criteria outlined at https://www.fcc.gov/acp. Two Steps to Enroll 1. Go to ACPBenefit.org to submit an application or print out a mail-in application, and 2. Contact your preferred participating provider to select a plan and have the discount applied to your bill. For more information and full details, visit https://www.fcc.gov/acp or call 877-384-2575</p> |
| <p>Relay Health Services</p> | <p>711 TTY - Relay Health Services for those with communication impairments- TTY-based Telecommunications Relay Services permit persons with a hearing or speech disability to use the telephone system via a text telephone (TTY) or other device to call persons with or without such disabilities.</p> |
| <p>National Suicide Hotline</p> | <p>988 - National Suicide Hotline- 988 is the easy-to-remember number that reaches what is commonly referred to as the Lifeline—a network of more than 200 state and local call centers funded by the U.S. Department of Health and Human Services through the Substance Abuse Administration and administered by Vibrant Emotional Health</p> |
| <p>Information and Referral Services</p> | <p>211-2-1-1 is a free telephone number providing access to local community services. 2-1-1 is available in multiple languages, allowing those in need to access information and obtain referrals to physical and mental health resources; housing, utility, food, and employment assistance; and suicide and crisis interventions.</p> |
| <p>Covid-19 Emotional Support Helpline</p> | <p>1(844)-863-9314 Hours: Every day 8AM-10PM We have an emotional support helpline, educational materials, trusted referrals, and local provider agencies... all dedicated to helping you manage and cope with changes brought on by COVID.</p> |

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| | <p>NY Project Hope Crisis Counselors understand what you are going through. Talking with them is free, confidential, and anonymous. Talk with someone who is trained, knowledgeable and never judges. Sometimes it's helpful to talk with someone you don't know.</p> |
| <p>Coalition For the Homeless Crisis Hotline</p> | <p>COALITION FOR THE HOMELESS CRISIS HOTLINE 888-358-2384 Call to get help finding shelter or other crisis needs, including SSI Benefits, housing assistance, and Mail Service</p> |

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COLUMBIA COUNTY COMMUNITY RESOURCES

FINANCIAL

| AGENCY ORGANIZATION NAME | PHONE | ADDRESS | HOURS OF OPERATION | WEBSITE | SERVICES |
|--|----------------|--|----------------------------|---|--|
| Catholic Charities of Columbia and Greene County | (518) 828-8660 | 431 East Allen Street Hudson, NY 12534 | Mon-Fri 8:30am - 4:00pm | https://catholiccharitiescsg.org/columbia-county-services | provides financial assistance, referrals, counseling, and advocacy for those in financial need. Among other services they run a food pantry, may have school supplies, limited funds for utility, heating, and rent expenses, and other aid. |

HOUSING

| <u>AGENCY ORGANIZATION NAME</u> | <u>PHONE</u> | <u>ADDRESS</u> | <u>HOURS OF OPERATION</u> | <u>WEBSITE</u> | <u>SERVICES</u> |
|--|---------------------|-----------------------------------|----------------------------------|---|---|
| Community Action of Greene County NY | 518 943 9205 | 7856 Route 9W, Catskill, NY 12414 | Mon- Fri 8:00am - 4:15pm | https://cagcny.org/ | Serves Columbia and Greene county : emergency assistance, housing solutions, legal advocacy or help |

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| Housing Resources of Columbia County Inc. | 518-822-0707-16 | 252 Columbia Street | | https://hcr.ny.gov/location/galvan-housing-resources-inc | Rental Housing Counseling Services for Homeless Counseling Home Improvement and Rehabilitation Counseling Mortgage Delinquency and Default Resolution Counseling |
| Columbia Opportunities, Inc | (518) 828-4611 | 540 Columbia Street Hudson, NY 12534 | | https://www.columbiaopportunities.org/ | helps solve poverty-related problems: home heating and energy costs, emergency assistance |

HOTLINE

WEBSITE

Columbia County Contacts :<https://www.columbiacountyny.com/departments-contact-information.html>

COLUMBIA COUNTY COMMUNITY RESOURCES

URGENT CARE

| AGENCY ORGANIZATION NAME | PHONE | ADDRESS | HOURS OF OPERATION | WEBSITE |
|---------------------------------------|-----------------------|--|--------------------|---------|
| WellNow Urgent Care | (518) 267- 3496 | 446 Farview Avenue Ste. 200, Hudson, NY 12534 | | |
| Columbia Memorial Hospital Rapid Care | (518) 758- 4300 | 2827 U.S. 9, Valatie, NY 12184 | | |
| Catskill Urgent Care | (518) 943- 9100 | 10 Grandview Ave, Catskill, NY 12414 | | |
| CMH Rapid Care | (518) 329- 3902 | 283 Mountain View Rd, Copake, NY 12516 | | |