

IMPORTANT CONTACTS TO KNOW

Dept of Social Services	Services
518-447-7300	Services include providing aid to eligible recipients through the Family Assistance, Safety Net, Day Care, Employment, Supplemental Nutrition Assistance Program (formerly called food stamps), Medicaid, and Home Energy Assistance Programs.
Office for the Aging	
518-447-7198	The New York State Office for the Aging's (NYSOFA's) home and community-based programs provide older persons access to a well-planned, coordinated package of in-home and other supportive services designed to support and supplement informal care.
APS	
518-447-7177	APS is a mandated service provided by local social services districts. It involves intake, investigation and assessment of referrals of abuse, neglect, and financial exploitation of impaired vulnerable adults who live in the community
Mobile Mental Heath	
518-447-4555	Crisis Intervention services, applicable to adults, children and adolescents are intended to stabilize behavioral health symptoms and return individuals to pre-crisis levels of functioning. Programs that
HEAP	exclusively provide phone support.
TEAF	HEAP is a federally funded energy program intended to
518-447-7323	assist low-income households in meeting their immediate home energy needs.



MANAGED CARE	
SNAP	
	SNAP provides nutrition benefits to supplement the
	food budget of needy families so they can purchase
800-342-3009	healthy food and move towards self-sufficiency.
NYS Office of Temporary and Disability Assistance	
	The Office of Temporary and Disability Assistance
	(OTDA) offers programs for food and temporary cash
	assistance, heating assistance, child support
800-342-3009	enforcement, and more.
Medicaid transportation contact for DSNP members with FFS	
Medicaid	
	Services include processing requests (forms, 2015, etc)
	from Medicaid recipients and doctors (social workers,
	office assistants, etc.) and duly facilitating necessary
	transportation to various private car companies in your
800-850-5340	area
paratransit	
·	The Capital District Transportation Authority(CTDA), a
	public benefit organization, provides regular route
	buses, shuttle buses, and paratransit services in the
https://www.albanycounty.com/departments/aging/transportation	Capital Region transportation district, with the goal of
and https://www.cdta.org/star-program	offering safe, reliable, and courteous service.



INDEPENDENT LIVING CENTERS

Regional Counties	Contact Information	Services
Long Island Nassau, Suffolk	Michelle Darling- Downs Suffolk Independent Living Organization (SILO) 3253 Route 112, Bldg 10 Suite 5 Medford, NY 11763 Email: mdarling-downs@siloinc.org Tel: (631) 880-7929, ext. 105 Martha Vargas mvargas@siloinc.org Lisa Coady lcoady@siloinc.org Kiersten Falcone kfalcone@siloinc.org Eileen Alverado ealverado@siloinc.org Admin - Eileen Thomas ethomas@siloinc.org Sarah Meyer smeyer@siloinc.org	Independent Living Centers (ILCs) are community-based organizations whose main focus is to teach people with disabilities the skills required for independent living. Other services include advocacy, counseling, support groups, assistance with housing, and referrals.



NATIONAL CONTACTS

The Affordable Connectivity Program provides: Up to \$30/month discount for broadban service; Up to \$75/month discount for households on qualifying tribal lands; and A one time discount of up to \$100 for a laptop, desktop computer, or tablet purchased through participating provider if the household contributes more than \$10 but less than \$50 toward the purchase price. The Affordable Connectivity Program is limited to one monthly service discount and one device discount per household. Eligibility The guidelines outline specific criteria for eligibility, including having a household income at or below 200 percent of the Federal Poverty Guidelines or having a member of the household who meets at least on of the criteria outlined at https://www.fcc.gov/acp. Two Steps to Enroll 1. Go to the criteria outlined at https://www.fcc.gov/acp.
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Affordable Connectivity ACPBenefit.org to submit an application or print out a mail-in application, and 2. Contact
Program your preferred participating provider to select a plan and have the discount applied to you
bill. For more information and full details, visit https://www.fcc.gov/acp or call 877-384
2575
711 TTY - Relay Health Services for those with communication impairments- TTY-
based Telecommunications Relay Services permit persons with a hearing or speech
disability to use the telephone system via a text telephone (TTY) or other device to call
988 - National Suicide Hotline - 988 is the easy-to-remember number that reaches what is
commonly referred to as the Lifeline—a network of more than 200 state and local call
centers funded by the U.S. Department of Health and Human Services through the
National Suicide Hotline Substance Abuse Administration and administered by Vibrant Emotional Health
211 -2-1-1 is a free telephone number providing access to local community services. 2-1-1
available in multiple languages, allowing those in need to access information and obtain
Information and Referral referrals to physical and mental health resources; housing, utility, food, and employment
Services assistance; and suicide and crisis interventions.
1(844)-863-9314 Hours: Every day 8AM-10PM We have an emotional support helpline,
Covid-19 Emotional Support educational materials, trusted referrals, and local provider agencies all dedicated to
Helpline helping you manage and cope with changes brought on by COVID.



MANAGED CARE	
	NY Project Hope Crisis Counselors understand what you are going through. Talking with them is free, confidential, and anonymous. Talk with someone who is trained, knowledgeable and never judges. Sometimes it's helpful to talk with someone you don't know.
Coalition For the Homeless Crisis Hotline	COALITION FOR THE HOMELESS CRISIS HOTLINE 888-358-2384 Call to get help finding shelter or other crisis needs, including SSI Benefits, housing assistance, and Mail Service



FINANCIAL

AGENCY ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE	SERVICES
Society of St. Vincent De Paul	(516)822- 3132	249 Broadway Bethpage, NY		https://svdpli.org/	The agency provides financial assistance and
Vincent De Faui	3132	11714			cash grants to those
					residents who in trouble or who are behind in bill
					payments. In addition, the
					non-profit will work with
					other agencies if more
					help is needed.

HOUSING

AGENCY ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE	SERVICES
Nassau County Department of Social Services	516-227- 8519	60 Charles Lindbergh Boulevard Uniondale, NY 11553- 3656		https://www.nassaucountyny.gov/1921/Housing- Homeless-Prevention	Eligible individuals and families can, on an emergency, temporary basis be assisted
					with shelter and other items of need in



MANAGED CARE	1		1		
					order to
					meet their
					emergency.
					The goal is
					to provide
					families and
					individuals
					with the
					tools they
					need to
					secure a
					permanent,
					stable
					housing,
					and move as
					quickly as
					possible to a
					stable self-
					sufficient
					role in the
					community.
Society Of St.	(516)822-	249		https://svdpli.org/what-we-do/transitional-	A program
Vincent De Paul	3132	Broadway		housing/	known as
		Bethpage,			Anthony
		New York			House
		11714			provides
					short term
					transitional
					housing and
					other basic



MANAGED CARE				
				needs to
				homeless
				men in the
				community.
Interfaith	(516)486-	211 Fulton	https://the-inn.org/	Emergency
Nutrition Network	8506	Avenue		shelter is
- Donald Axinn Inn	Ext.100	Hempstead,		offered.
		New York		People who
		11550		stay in the
				Nassau
				County site
				can also
				receive a
				free meal,
				information
				on job
				training,
				and other
				self-
				sufficiency
				resources.

HOTLINE

WEBSITE

Nassau County Contacts: https://www.nassaucountyny.gov/1631/Emergency-Contacts



URGENT CARE

AGENCY	PHONE	ADDRESS	HOURS OF	WEBSITE
ORGANIZATION NAME			OPERATION	
Northwell Health-	(347)	71 Forest Ave, Glen Cove, NY		
GoHealth Urgent Care	4932941	11542		
Northwell Health-	(347)	595 Hempstead Turnpike,		
GoHealth Urgent Care	4932952	West Hempstead, NY 11552		
Northwell Health-	(516)	46 Great Neck Rd, Great Neck,		
GoHealth Urgent Care	2532844	NY 11021		
Northwell Health-	(516)	67 Shore Rd, Port		
GoHealth Urgent Care	2532890	Washington, NY 11050		
Northwell Health-	(516)	50 E Jericho Turnpike,		
GoHealth Urgent Care	3993068	Mineola, NY 11501		
Northwell Health-	(516)	683 Sunrise Hwy, Lynbrook,		
GoHealth Urgent Care	4412155	NY 11563		
Northwell Health-	(516)	1033 Northern Blvd, Roslyn,		
GoHealth Urgent Care	4730782	NY 11576		
Northwell Health-	(516)	19 W Jericho Turnpike,		
GoHealth Urgent Care	4763404	Huntington Station, NY 11746		
Northwell Health-	(516)	3571 Long Beach Rd,		
GoHealth Urgent Care	5316055	Oceanside, NY 11572		
Northwell Health-	(516)	30 Glen Cove Rd Ste 1,		
GoHealth Urgent Care	5316122	Greenvale, NY 11548		
Northwell Health-	(516)	1332 Peninsula Blvd, Hewlett,		
GoHealth Urgent Care	5316130	NY 11557		
Northwell Health-	(516)	377 S Oyster Bay Rd,		
GoHealth Urgent Care	5379061	Plainview, NY 11803		
Northwell Health-	(516)	103 Jackson Ave, Syosset, NY		
GoHealth Urgent Care	5379062	11791		



MANAGED CARE			
Northwell Health-	(516)	243 Merrick Rd, Rockville	
GoHealth Urgent Care	5379063	Centre, NY 11570	
Northwell Health-	(516)	2640 Merrick Rd, Bellmore,	
GoHealth Urgent Care	5379064	NY 11710	
Northwell Health-	(516)	3631 Hempstead Turnpike,	
GoHealth Urgent Care	5589860	Levittown, NY 11756	
Northwell Health-	(516)	801 Broadway Ste 100,	
GoHealth Urgent Care	7844486	Amityville, NY 11701	
Northwell Health-	(516)	5165 Merrick Rd, Massapequa	
GoHealth Urgent Care	8583724	Park, NY 11762	