

#### **IMPORTANT CONTACTS TO KNOW**

Dept of Social Services	Services
518-447-7300	Services include providing aid to eligible recipients through the Family Assistance, Safety Net, Day Care, Employment, Supplemental Nutrition Assistance Program (formerly called food stamps), Medicaid, and Home Energy Assistance Programs.
Office for the Aging	
518-447-7198	The New York State Office for the Aging's (NYSOFA's) home and community-based programs provide older persons access to a well-planned, coordinated package of in-home and other supportive services designed to support and supplement informal care.
APS	
518-447-7177	APS is a mandated service provided by local social services districts. It involves intake, investigation and assessment of referrals of abuse, neglect, and financial exploitation of impaired vulnerable adults who live in the community
Mobile Mental Heath	
518-447-4555	Crisis Intervention services, applicable to adults, children and adolescents are intended to stabilize behavioral health symptoms and return individuals to pre-crisis levels of functioning. Programs that exclusively provide phone support.
HEAP	
518-447-7323	HEAP is a federally funded energy program intended to assist low-income households in meeting their immediate home energy needs.



MANAGED CARE	
SNAP	
	SNAP provides nutrition benefits to supplement the food
	budget of needy families so they can purchase healthy
800-342-3009	food and move towards self-sufficiency.
NYS Office of Temporary and Disability Assistance	
	The Office of Temporary and Disability Assistance
	(OTDA) offers programs for food and temporary cash
	assistance, heating assistance, child support
800-342-3009	enforcement, and more.
Medicaid transportation contact for DSNP members with FFS	
Medicaid	
	Services include processing requests (forms, 2015, etc)
	from Medicaid recipients and doctors (social workers,
	office assistants, etc.) and duly facilitating necessary
	transportation to various private car companies in your
800-850-5340	area
paratransit	
	The Capital District Transportation Authority(CTDA), a
	public benefit organization, provides regular route buses,
	shuttle buses, and paratransit services in the Capital
https://www.albanycounty.com/departments/aging/transportation	Region transportation district, with the goal of offering
and https://www.cdta.org/star-program	safe, reliable, and courteous service.



#### **INDEPENDENT LIVING CENTERS**

Regional Counties	Auxiliary Independent Living Centers	Services
Lower Hudson Valley Dutchess, Orange, Putnam, Rockland, Sullivan Ulster Westchester	Taconic Resources for Independence,   Poughkeepsie,   Vanessa Dubetsky   v.dubetsky@taconicresource.org   Kathy Sheehan   845-452-3913   k.sheehan@taconicresources.org	Independent Living Centers (ILCs) are community-based organizations whose main focus is to teach people with disabilities the skills required for independent living. Other services include advocacy, counseling, support groups, assistance with housing, and referrals.



#### **NATIONAL CONTACTS**

	The Affordable Connectivity Program provides: Up to \$30/month discount for broadband service; Up to \$75/month discount for households on qualifying tribal lands; and A one-time discount of up to \$100 for a laptop, desktop computer, or tablet purchased through a participating provider if the household contributes more than \$10 but less than \$50 toward the purchase price. The Affordable Connectivity Program is limited to one monthly service discount and one device discount per household. Eligibility The guidelines outline specific criteria for eligibility, including having a household income at or below 200 percent of the
	Federal Poverty Guidelines or having a member of the household who meets at least one
	of the criteria outlined at https://www.fcc.gov/acp. Two Steps to Enroll 1. Go to
Affordable Connectivity	ACPBenefit.org to submit an application or print out a mail-in application, and 2. Contact
Program	your preferred participating provider to select a plan and have the discount applied to your
	bill. For more information and full details, visit https://www.fcc.gov/acp or call 877-384-
	2575
	711 TTY - Relay Health Services for those with communication impairments- TTY-
	based Telecommunications Relay Services permit persons with a hearing or speech
	disability to use the telephone system via a text telephone (TTY) or other device to call
Relay Health Services	persons with or without such disabilities.
	988 - National Suicide Hotline- 988 is the easy-to-remember number that reaches what is
	commonly referred to as the Lifeline—a network of more than 200 state and local call
	centers funded by the U.S. Department of Health and Human Services through the
National Suicide Hotline	Substance Abuse Administration and administered by Vibrant Emotional Health
	<b>211</b> -2-1-1 is a free telephone number providing access to local community services. 2-1-1 is
	available in multiple languages, allowing those in need to access information and obtain
Information and Referral	referrals to physical and mental health resources; housing, utility, food, and employment
Services	assistance; and suicide and crisis interventions.
	1(844)-863-9314 Hours: Every day 8AM-10PM We have an emotional support helpline,
Covid-19 Emotional Support	educational materials, trusted referrals, and local provider agencies all dedicated to
Helpline	helping you manage and cope with changes brought on by COVID.



	NY Project Hope Crisis Counselors understand what you are going through. Talking with them is free, confidential, and anonymous. Talk with someone who is trained, knowledgeable and never judges. Sometimes it's helpful to talk with someone you don't know.		
	COALITION FOR THE HOMELESS CRISIS HOTLINE		
<b>Coalition For the Homeless</b>	<mark>888-358-2384</mark>		
Crisis Hotline	Call to get help finding shelter or other crisis needs, including SSI Benefits, housing		
	assistance, and Mail Service		



#### **FINANCIAL**

AGENCY   ORGANIZATIO N NAME	PHON E	ADDRESS	HOURS OF OPERATIO N	WEBSITE	SERVICES
Pathstone	845-	130 Dolson		https://www.nyconnects.ny.gov/providers/pathstone	Housing
	343-	Avenue, 3rd		-orange-county-sofa-ag-411432	assistance
	0771	Floor,			programs
		Middletown			offered by
		, NY 10940			this non-
					profit include first month
					rental
					assistance,
					emergency
					shelter,
					mortgage
					assistance,
					back rent in
					arrears,
					foreclosure
					counseling
					and utilities in
					arrears
					assistance.
Orange County	(845)	Orange		https://www.orangecountygov.com/192/Community-	
Office of	615-	County		Development	Homelessnes
Community	3818	Government			s Prevention
Development		Center 255			and Rapid Re-
		Main Street			Housing



MANAGED CARE	[			1
		Goshen,		Program.
		New York		provides
		10924		hotel or
				motel
				vouchers,
				cash for rent,
				credit repair,
				and funds for
				security
				deposit and
				moving
				expenses.
Sacred Heart	845-	319	https://sacredheartnewburgh.org/	offer
Church	561-	Broadway,		emergency
	3452	Newburgh,		assistance for
		NY 12550		rent and
				other needs.
The Records	(845)	40 Mulberry	https://www.guidestar.org/profile/06-1157518	Emergency
People For	343-	St,		housing
People Fund	1663	Middletown		and/or rental
Inc.		, NY 10940		assistance
				from this
				fund is to
				help those
				low income
				families and
				individuals
				who are
				normally self-
				sufficient but



			are now
			struggling as
			a sudden
			financial
			emergency
			arises.
			Assistance is
			available on a
			one time
			basis to
			people who
			are qualified.

#### **HOUSING**

AGENCY   ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE	SERVICES
Orange County	(845)	280 Broadway, 4th			Provide information on a number
Housing Resource	561-	Floor, Newburgh,			of emergency rental programs.
Center	1665	New York 12550			Also get advice in dealing with
					landlord and tenant issues,
					including evictions and unsafe
					housing.
Habitat for	(845)-	125 Washington St			provide and advocate for the
Humanity of	568-	Newburgh NY,			addition of different types of
Greater Newburgh	6035	12550			housing for people who are
- Community					homeless or in need of
Resource Help					housing/accommodation support,
Guide					including collective housing,
					emergency day and night housing,



			transitional housing and the construction of new housing.
T.O.U.C.H -	845-	790 Rte 211 East	a hunger relief non-profit
Community	268-	Middletown NY,	organization in the local
Resource Help	8023	10940	community that collects, stores,
Guide			and/or distributes basic non-
			perishable foods to those who are
			struggling to purchase food.
Hudson Valley	845-	3 Washington	provide and advocate for the
Pattern for	565-	Center Newburgh	increase of different types of
Progress	4900	NY, 12550	housing, including group homes,
			emergency day and evening
			shelters, transitional housing, and
			the construction of new homes,
			for those who are homeless or in
			need of housing/residential
			support.

#### **URGENT CARE**

AGENCY   ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE
Cornerstone Urgent	(845)	147 Lake Street, Newburgh,		
comersione orgeni	(043)	147 Lake Street, Newburgh,		
Care- Newburgh	563-	NY,12550		
	8000			
Crystal Run Urgent	(845)	155 Crystal Run Road,		
Care- Middletown	787-	Middletown, NY 10941		
	0863			
Crystal Run Urgent	(845)	1200 Route		
Care- Newburgh	787-	300,Newburgh,NY,12550		
	0863			



MANAGED CARE			
Garnet Health Urgent	(845)	707 E Main	
Care, PC- Middletown	333-	Street,Middletown,NY,10940	
	7575		
Garnet Health Urgent	(845)	102 Clowes	
Care, PC-Goshen	333-	Ave,Goshen,NY,10924	
	7800		
Middletown Medical	(845)	78 Brookside Ave., Suite	
Urgent Care - Chester	469-	143,Chester NY,10918	
	2692		
Middletown Medical	(845)	111 Maltese	
Urgent Care -	342-	Drive,Middletown,NY,10940	
Middletown	4774		