

#### **IMPORTANT CONTACTS TO KNOW**

Dept of Social Services	Services
518-447-7300	Services include providing aid to eligible recipients through the Family Assistance, Safety Net, Day Care, Employment, Supplemental Nutrition Assistance Program (formerly called food stamps), Medicaid, and Home Energy Assistance Programs.
Office for the Aging	
518-447-7198	The New York State Office for the Aging's (NYSOFA's) home and community-based programs provide older persons access to a well-planned, coordinated package of in-home and other supportive services designed to support and supplement informal care.
APS	
518-447-7177	APS is a mandated service provided by local social services districts. It involves intake, investigation and assessment of referrals of abuse, neglect, and financial exploitation of impaired vulnerable adults who live in the community
Mobile Mental Heath	
518-447-4555	Crisis Intervention services, applicable to adults, children and adolescents are intended to stabilize behavioral health symptoms and return individuals to pre-crisis levels of functioning. Programs that
HEAP	exclusively provide phone support.
TEAF	HEAP is a federally funded energy program intended to
518-447-7323	assist low-income households in meeting their immediate home energy needs.



SNAP provides nutrition benefits to supplement the
food budget of needy families so they can purchase
healthy food and move towards self-sufficiency.
, ,
The Office of Temporary and Disability Assistance
(OTDA) offers programs for food and temporary cash
assistance, heating assistance, child support
enforcement, and more.
Services include processing requests (forms, 2015, etc)
from Medicaid recipients and doctors (social workers,
office assistants, etc.) and duly facilitating necessary
transportation to various private car companies in your
area
The Capital District Transportation Authority(CTDA), a
public benefit organization, provides regular route
buses, shuttle buses, and paratransit services in the
Capital Region transportation district, with the goal of
offering safe, reliable, and courteous service.



#### **INDEPENDENT LIVING CENTERS**

Regional Counties	Auxiliary Independent Living Centers	Services
Lower Hudson Valley Dutchess, Orange, Putnam, Rockland, Sullivan Ulster Westchester	Taconic Resources for Independence, Poughkeepsie, Vanessa Dubetsky v.dubetsky@taconicresource.org  Kathy Sheehan 845-452-3913 k.sheehan@taconicresources.org	Independent Living Centers (ILCs) are community-based organizations whose main focus is to teach people with disabilities the skills required for independent living. Other services include advocacy, counseling, support groups, assistance with housing, and referrals.



#### **NATIONAL CONTACTS**

	The Affordable Connectivity Program provides: Up to \$30/month discount for broadband
	service; Up to \$75/month discount for households on qualifying tribal lands; and A one-
	time discount of up to \$100 for a laptop, desktop computer, or tablet purchased through a
	participating provider if the household contributes more than \$10 but less than \$50 toward
	the purchase price. The Affordable Connectivity Program is limited to one monthly service
	discount and one device discount per household. Eligibility The guidelines outline specific
	criteria for eligibility, including having a household income at or below 200 percent of the
	Federal Poverty Guidelines or having a member of the household who meets at least one
	of the criteria outlined at https://www.fcc.gov/acp. <b>Two Steps to Enroll</b> 1. Go to
Affordable Connectivity	ACPBenefit.org to submit an application or print out a mail-in application, and 2. Contact
Program	your preferred participating provider to select a plan and have the discount applied to your
	bill. For more information and full details, visit https://www.fcc.gov/acp or call 877-384-
	2575
	<b>711 TTY</b> - Relay Health Services for those with communication impairments- TTY-
	based Telecommunications Relay Services permit persons with a hearing or speech
	disability to use the telephone system via a text telephone (TTY) or other device to call
Relay Health Services	persons with or without such disabilities.
	988 - National Suicide Hotline - 988 is the easy-to-remember number that reaches what is
	commonly referred to as the Lifeline—a network of more than 200 state and local call
	centers funded by the U.S. Department of Health and Human Services through the
National Suicide Hotline	Substance Abuse Administration and administered by Vibrant Emotional Health
	<b>211</b> -2-1-1 is a free telephone number providing access to local community services. 2-1-1 is
	available in multiple languages, allowing those in need to access information and obtain
Information and Referral	referrals to physical and mental health resources; housing, utility, food, and employment
Services	assistance; and suicide and crisis interventions.
	1(844)-863-9314 Hours: Every day 8AM-10PM We have an emotional support helpline,
Covid-19 Emotional Support	educational materials, trusted referrals, and local provider agencies all dedicated to
Helpline	helping you manage and cope with changes brought on by COVID.



	NY Project Hope Crisis Counselors understand what you are going through. Talking with them is free, confidential, and anonymous. Talk with someone who is trained, knowledgeable and never judges. Sometimes it's helpful to talk with someone you don't know.		
	COALITION FOR THE HOMELESS CRISIS HOTLINE		
<b>Coalition For the Homeless</b>	<mark>888-358-2384</mark>		
Crisis Hotline	Call to get help finding shelter or other crisis needs, including SSI Benefits, housing		
	assistance, and Mail Service		



#### **FINANCIAL**

AGENCY   ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE	SERVICES
Putnam County	(845)	110 Old Route		https://www.putnamcountyny.com/social-	Putnam County
Family Assistance	808-	6 Carmel, NY -		services/	Family
Program	1500	10512			Assistance
					Program
					provides
					temporary
					financial
					assistance to
					families and
					individuals for
					short-term help
					while they work
					toward self-
					sufficiency, such
					as Family
					Assistance,
					Safety Net
					Assistance and
					Emergency
					Temporary
					Assistance
					(homeless, need
					food, written
					eviction, need
					heating during



MANAGED CARE				
				cold weather,
				utilities are or
				are about to be
				shut-off, family
				violence)
Newburgh	(845)	234 Van Ness	https://easternusa.salvationarmy.org/greater-	The Salvation
Salvation Army	562-	St	new-york/	Army may
	0413	Newburgh,		provide direct
		NY - 12550		financial
				assistance to
				those affected
				by the disaster
				so that they may
				be able to
				procure
				essential needs
				i.e. food,
				clothing, shelter,
				medical, et

#### **HOUSING**

AGENCY   ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE	SERVICES
Putnam County Housing Corporation	845- 225- 8493	11 Seminary Hill Road Carmel, New York 10512		https://www.putnamhousing.com/free-foreclosure-help/	Provides free foreclosure help, reverse mortgage, home ownership, home improvement, and housing choice



				voucher.
The Arc Of Mid-	(845)	64 Brimstone	https://www.arcmh.org/contact/	can provide you with
Hudson	279-	Rd, Patterson,		an environment best
	7811	NY 12563		suited to fulfill your
				wishes and meet
				your wants and
				needs.
Putnam	(845)	1441 NY-22	https://www.putnamils.org	Provides community
Independent	228-	#204,		living support,
Living	7457	Brewster, NY		information, and
		10509		referrals.
Putnam	(845)	128 Nimham		Provides housing
Associated	228-	Rd, Carmel		resources and
Resource Center	4576	Hamlet, NY		counseling.
		10512		

#### **HOTLINE**

<u>WEBSITE</u>			
https://www.putnamcountyny.com/youth/referral-agencies/			
http://www.putnamcap.org/Pages/FG_CommunityResourceGuide.html			

#### **URGENT CARE**

AGENCY	PHONE	ADDRESS	HOURS OF	WEBSITE
ORGANIZATION NAME			OPERATION	



MANAGED CARE		1	
CareMount Medical	(844)	185 NY-312, Brewster, NY	
Urgent Care	484-	10509	
	6564		
Pulse-MD Urgent Care	(845)	572 US-6, Mahopac, NY 10541	
	621-		
	3100		