

ROCKLAND COUNTY COMMUNITY RESOURCES

IMPORTANT CONTACTS TO KNOW

Dept of Social Services	Services
518-447-7300	Services include providing aid to eligible recipients through the Family Assistance, Safety Net, Day Care, Employment, Supplemental Nutrition Assistance Program (formerly called food stamps), Medicaid, and Home Energy Assistance Programs.
Office for the Aging	
518-447-7198	The New York State Office for the Aging's (NYSOFA's) home and community-based programs provide older persons access to a well-planned, coordinated package of in-home and other supportive services designed to support and supplement informal care.
APS	
518-447-7177	APS is a mandated service provided by local social services districts. It involves intake, investigation and assessment of referrals of abuse, neglect, and financial exploitation of impaired vulnerable adults who live in the community
Mobile Mental Health	
518-447-4555	Crisis Intervention services, applicable to adults, children and adolescents are intended to stabilize behavioral health symptoms and return individuals to pre-crisis levels of functioning. Programs that exclusively provide phone support.
HEAP	
518-447-7323	HEAP is a federally funded energy program intended to assist low-income households in meeting their immediate home energy needs.

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SNAP	
800-342-3009	SNAP provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy food and move towards self-sufficiency.
NYS Office of Temporary and Disability Assistance	
800-342-3009	The Office of Temporary and Disability Assistance (OTDA) offers programs for food and temporary cash assistance, heating assistance, child support enforcement, and more.
Medicaid transportation contact for DSNP members with FFS Medicaid	
800-850-5340	Services include processing requests (forms, 2015, etc) from Medicaid recipients and doctors (social workers, office assistants, etc.) and duly facilitating necessary transportation to various private car companies in your area
paratransit	
https://www.albanycounty.com/departments/aging/transportation and https://www.cdta.org/star-program	The Capital District Transportation Authority(CTDA), a public benefit organization, provides regular route buses, shuttle buses, and paratransit services in the Capital Region transportation district, with the goal of offering safe, reliable, and courteous service.

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INDEPENDENT LIVING CENTERS

Regional Counties	Auxiliary Independent Living Centers	Services
<p>Lower Hudson Valley Dutchess, Orange, Putnam, Rockland, Sullivan Ulster Westchester</p>	<p>Taconic Resources for Independence, Poughkeepsie, Vanessa Dubetsky v.dubetsky@taconicresource.org</p> <p>Kathy Sheehan 845-452-3913 k.sheehan@taconicresources.org</p>	<p>Independent Living Centers (ILCs) are community-based organizations whose main focus is to teach people with disabilities the skills required for independent living. Other services include advocacy, counseling, support groups, assistance with housing, and referrals.</p>

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NATIONAL CONTACTS

<p>Affordable Connectivity Program</p>	<p>The Affordable Connectivity Program provides: Up to \$30/month discount for broadband service; Up to \$75/month discount for households on qualifying tribal lands; and A one-time discount of up to \$100 for a laptop, desktop computer, or tablet purchased through a participating provider if the household contributes more than \$10 but less than \$50 toward the purchase price. The Affordable Connectivity Program is limited to one monthly service discount and one device discount per household. Eligibility The guidelines outline specific criteria for eligibility, including having a household income at or below 200 percent of the Federal Poverty Guidelines or having a member of the household who meets at least one of the criteria outlined at https://www.fcc.gov/acp. Two Steps to Enroll 1. Go to ACPBenefit.org to submit an application or print out a mail-in application, and 2. Contact your preferred participating provider to select a plan and have the discount applied to your bill. For more information and full details, visit https://www.fcc.gov/acp or call 877-384-2575</p>
<p>Relay Health Services</p>	<p>711 TTY - Relay Health Services for those with communication impairments- TTY-based Telecommunications Relay Services permit persons with a hearing or speech disability to use the telephone system via a text telephone (TTY) or other device to call persons with or without such disabilities.</p>
<p>National Suicide Hotline</p>	<p>988 - National Suicide Hotline- 988 is the easy-to-remember number that reaches what is commonly referred to as the Lifeline—a network of more than 200 state and local call centers funded by the U.S. Department of Health and Human Services through the Substance Abuse Administration and administered by Vibrant Emotional Health</p>
<p>Information and Referral Services</p>	<p>211-2-1-1 is a free telephone number providing access to local community services. 2-1-1 is available in multiple languages, allowing those in need to access information and obtain referrals to physical and mental health resources; housing, utility, food, and employment assistance; and suicide and crisis interventions.</p>
<p>Covid-19 Emotional Support Helpline</p>	<p>1(844)-863-9314 Hours: Every day 8AM-10PM We have an emotional support helpline, educational materials, trusted referrals, and local provider agencies... all dedicated to</p>

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	<p>helping you manage and cope with changes brought on by COVID. NY Project Hope Crisis Counselors understand what you are going through. Talking with them is free, confidential, and anonymous. Talk with someone who is trained, knowledgeable and never judges. Sometimes it's helpful to talk with someone you don't know.</p>
<p>Coalition For the Homeless Crisis Hotline</p>	<p>COALITION FOR THE HOMELESS CRISIS HOTLINE 888-358-2384 Call to get help finding shelter or other crisis needs, including SSI Benefits, housing assistance, and Mail Service</p>

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FINANCIAL

AGENCY ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE	SERVICES
Community Action Partnership of Rockland County	(845) 262-1987			https://westcop.org/cap-programs/rockland-cap/	offers low to moderate income families extensive support. Assistance programs include the following. There is emergency financial aid for paying housing expenses and rent, with a focus on eviction prevention. The agency may issue loans for some of these expenses, and also direct very low income families to section 8.
Catholic Community Services of Rockland, Inc	(845) 942-5791	78 HUDSON AVENUE HAVERSTRAW, NEW YORK 10927		https://www.ccsrockland.org/	The non-profit provides additional social services and help to those in need in Rockland County New York. Some of the services and resources provided include

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					Emergency Meals, Financial Assistance for paying bills and debts, Job Readiness & Placement, rent help and eviction prevention.
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HOUSING

AGENCY ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE	SERVICES
Rockland Housing Action Coalition, Inc.	(845) 708-5799	120-126 N Main St, New City, NY 10956	Monday - Friday Opens 9AM-5:15PM	http://rhachomes.org/about-us/	gives future home buyers an opportunity to meet, in private, with a trained counselor who understands the home buying process.
Rockland County Community Development	(845) 574-4850	185 N Main St, Spring Valley, NY 10977			Provides community with housing services.
HELPING HANDS FOR THE HOMELESS OF ROCKLAND	(845) 356-0100	Darden Center, Spring Valley, NY 10977	Monday - Friday Opens 7AM-5PM	https://www.rocklandhelpinghands.com	Provides housing for the homeless in Rockland.
United Way of Rockland County	(845) 358-	135 Main Street 2nd	Monday - Friday	https://www.uwrc.org	Provides food and shelter.

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	8929	Floor, M&T Bank Building, Nyack, NY 10960	Opens 9AM- 5PM		
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HOTLINE

WEBSITE

Rockland County Contacts : <http://rocklandgov.com/contact-us/>

URGENT CARE

AGENCY ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE
AFC Urgent Care Airmont	(845) 547- 0300	5 N Airmont Rd #4, Airmont, NY 10901		
AFC Urgent Care Nanuet	(845) 367- 7395	42 Rockland Plaza Suite 22, Nanuet, NY 10954		
Care365	(845) 227- 3365	1 Main Street, Monsey, NY 10952		
Chai Urgent Care Rockland	(845) 991- 2424	233 NY-59, Nanuet, NY 10954		
CityMD Nanuet Urgent Care - Rockland County	(845) 624- 2273	256 NY-59, Nanuet, NY 10954		

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Crystal Run Healthcare Urgent Care Center	(845) 348-1100	2 Centerock Rd 1st Floor, West Nyack, NY 10994		
HRHCare Urgent Care	(845) 770-9990	84 N. Highland Ave., Nyack, NY 10960		
MedRite Urgent Care	(845) 694-8888	175 NY-59, Spring Valley, NY 10977		
Monsey Urgent Care	(845) 356-2273	77 NY-59, Monsey, NY 10952		
Monsey Urgent Care	(845) 356-2273	77 NY-59, Monsey, NY 10952		
Palisades Urgent Care	(845) 624-2273	256 NY-59 Bldg A, Nanuet, NY 10954		
Rockland Urgent Care	(845) 429-4000	89 S Rte 9w, West Haverstraw, NY 10993		
Walkin Medical Urgent Care, New City	(845) 678-3434	236 S Main St, New City, NY 10956		