

#### **IMPORTANT CONTACTS TO KNOW**

Dept of Social Services	Services
518-447-7300	Services include providing aid to eligible recipients through the Family Assistance, Safety Net, Day Care, Employment, Supplemental Nutrition Assistance Program (formerly called food stamps), Medicaid, and Home Energy Assistance Programs.
Office for the Aging	
518-447-7198	The New York State Office for the Aging's (NYSOFA's) home and community-based programs provide older persons access to a well-planned, coordinated package of in-home and other supportive services designed to support and supplement informal care.
APS	
518-447-7177	APS is a mandated service provided by local social services districts. It involves intake, investigation and assessment of referrals of abuse, neglect, and financial exploitation of impaired vulnerable adults who live in the community
Mobile Mental Heath	
518-447-4555	Crisis Intervention services, applicable to adults, children and adolescents are intended to stabilize behavioral health symptoms and return individuals to pre-crisis levels of functioning. Programs that exclusively provide phone support.
НЕАР	
518-447-7323	HEAP is a federally funded energy program intended to assist low-income households in meeting their immediate home energy needs.



MANAGED CARE	
SNAP	
	SNAP provides nutrition benefits to supplement the food
	budget of needy families so they can purchase healthy
800-342-3009	food and move towards self-sufficiency.
NYS Office of Temporary and Disability Assistance	
	The Office of Temporary and Disability Assistance
	(OTDA) offers programs for food and temporary cash
	assistance, heating assistance, child support
800-342-3009	enforcement, and more.
Medicaid transportation contact for DSNP members with FFS	
Medicaid	
	Services include processing requests (forms, 2015, etc)
	from Medicaid recipients and doctors (social workers,
	office assistants, etc.) and duly facilitating necessary
	transportation to various private car companies in your
800-850-5340	area
paratransit	
	The Capital District Transportation Authority(CTDA), a
	public benefit organization, provides regular route buses,
	shuttle buses, and paratransit services in the Capital
https://www.albanycounty.com/departments/aging/transportation	Region transportation district, with the goal of offering
and https://www.cdta.org/star-program	safe, reliable, and courteous service.



#### **INDEPENDENT LIVING CENTERS**

Regional Counties	Auxiliary Independent Living Centers	Services
Lower Hudson Valley Dutchess, Orange, Putnam, Rockland, Sullivan Ulster Westchester	Taconic Resources for Independence, Poughkeepsie, Vanessa Dubetsky   V.dubetsky@taconicresource.org   Kathy Sheehan 845-452-3913   k.sheehan@taconicresources.org	Independent Living Centers (ILCs) are community-based organizations whose main focus is to teach people with disabilities the skills required for independent living. Other services include advocacy, counseling, support groups, assistance with housing, and referrals.



### **NATIONAL CONTACTS**

Affordable Connectivity	The Affordable Connectivity Program provides: Up to \$30/month discount for broadband service; Up to \$75/month discount for households on qualifying tribal lands; and A one-time discount of up to \$100 for a laptop, desktop computer, or tablet purchased through a participating provider if the household contributes more than \$10 but less than \$50 toward the purchase price. The Affordable Connectivity Program is limited to one monthly service discount and one device discount per household. Eligibility The guidelines outline specific criteria for eligibility, including having a household income at or below 200 percent of the Federal Poverty Guidelines or having a member of the household who meets at least one of the criteria outlined at https://www.fcc.gov/acp. Two Steps to Enroll 1. Go to ACPBenefit.org to submit an application or print out a mail-in application, and 2. Contact					
Program	your preferred participating provider to select a plan and have the discount applied to your					
	bill. For more information and full details, visit https://www.fcc.gov/acp or call 877-384-					
	2575					
	<b>711 TTY</b> - Relay Health Services for those with communication impairments- TTY-					
	based Telecommunications Relay Services permit persons with a hearing or speech					
	disability to use the telephone system via a text telephone (TTY) or other device to call					
Polay Health Services						
Relay Health Services	persons with or without such disabilities.					
	988 - National Suicide Hotline - 988 is the easy-to-remember number that reaches what is					
	commonly referred to as the Lifeline—a network of more than 200 state and local call					
	centers funded by the U.S. Department of Health and Human Services through the					
National Suicide Hotline	Substance Abuse Administration and administered by Vibrant Emotional Health					
	<b>211</b> -2-1-1 is a free telephone number providing access to local community services. 2-1-1 is					
	available in multiple languages, allowing those in need to access information and obtain					
Information and Referral	referrals to physical and mental health resources; housing, utility, food, and employment					
Services	assistance; and suicide and crisis interventions.					
Covid-19 Emotional Support	1(844)-863-9314 Hours: Every day 8AM-10PM We have an emotional support helpline,					
••						
Helpline	educational materials, trusted referrals, and local provider agencies all dedicated to					



	helping you manage and cope with changes brought on by COVID. NY Project Hope Crisis Counselors understand what you are going through. Talking with them is free, confidential, and anonymous. Talk with someone who is trained, knowledgeable and never judges. Sometimes it's helpful to talk with someone you don't know.
	COALITION FOR THE HOMELESS CRISIS HOTLINE
<b>Coalition For the Homeless</b>	<mark>888-358-2384</mark>
Crisis Hotline	Call to get help finding shelter or other crisis needs, including SSI Benefits, housing
	assistance, and Mail Service



### **FINANCIAL**

AGENCY   ORGANIZATIO N NAME	PHON E	ADDRESS	HOURS OF OPERATIO N	WEBSITE	SERVICES
Interfaith	845-	37 Lower		https://www.facebook.com/IouThriftShop/?ref=page_inter	offers
Outreach	887-	Main		nal	financial
Center	5919	Street			assistance
		Callicoon,			and cash
		NY 12723			grants for
					heating
					costs, rent
					payment,
					electric bills,
					free food
					vouchers or
					other basic
					needs
Catholic	845-	27		http://www.cccsos.org/	The church
Charities	791-	Matthews			affiliated
	6023	Street -			agency
		Goshen,			offers rent
		NY 10924			and low
					income
					housing
					payment
					assistance,
					free legal
					services for
					immigrants,



MANAGED CARE				and base
				and has a
				Spanish
				speaker on
				staff to
				ensure
				people of all
				background
				s can get
				help
Pathstone of	845-	400 East	https://pathstone.org/	They also
Sullivan County	794-	Avenue		run the
	4880	Rochester		emergency
		<i>,</i> NY		shelter and
		14607		food
				program,
				which can
				offer
				foreclosure
				assistance,
				counseling,
				debt
				reduction,
				and help for
				energy bills,
				among
				other
				services.
Community	(845)	63-65 S	http://www.nyscaaonline.org/	runs a
Action	292-	Main St,	http://www.communityactionpartnership.com	number of
Commission to	5821	Liberty,		emergency



Help the	NY 12754	aid
Economy, Inc.		programs
		for the
		working
		poor,
		unemployed
		, and low
		income in
		Sullivan
		County New
		York. The
		goal is to
		also
		empower
		people so
		they are
		self-
		sufficient
		over the
		long term.

### **HOUSING**

AGENCY   ORGANIZATION	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE	SERVICES
NAME			OFERATION		
RURAL SULLIVAN HOUSING CORPORATION MONTICELLO	845-794- 0348	33 Lakewood Ave Monticello, NY 12701		https://hcr.ny.gov/location/rural- sullivan-housing-corporation	Rental Assistance Housing Counseling Fair Housing Pre purchase Education Workshops



MANAGED CARE				Financial Management Budget Counseling
SULLIVAN COUNTY INC HALFWAY HOUSE	(845)794- 8080	17 Hamilton Avenue Monticello, NY 1270	http://www.recovery-center.com	Halfway Housing helps transition individuals and families from shelters or homelessness to permanent housing. Length of stay is usually anywhere from 6 months to 2 years.
B.A.T.S. FOR VETERANS	845-747- 8259	15 Dixon Avenue Liberty, NY 12754	http://batsforvets.org/	This project provides transitional housing and supportive services for homeless veterans. A total of 8- 10 male veterans can be served at one time. The main goals are to help each veteran achieve greater self- determination, improved residential stability, and increased income and/or job skills.



#### HOTLINE

#### WEBSITE

Sullivan County Contacts : https://sullivanny.us/departments

### **URGENT CARE**

AGENCY   ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE
Crystal Run Urgent Care- Rock Hill	(845) 796- 5444	61 Emerald Place, Rock Hill, NY 12775	-	-
Garnet Health Urgent Care, PC -Monticello	(845) 333- 6500	38 Concord Rd,Monticello, NY 12701	-	-
Middletown Medical Urgent Care - Monticello	(845) 794- 1600	4058 State Route 42, Suite 5, Monticello, NY 12701	-	-
Middletown Medical Urgent Care - Newburgh	(845) 561- 2038	47 North Plank Rd., Suite 19, Newburgh, NY 12550	-	-