

# ULSTER COUNTY COMMUNITY RESOURCES

## IMPORTANT CONTACTS TO KNOW

<b>Dept of Social Services</b>	<b>Services</b>
518-447-7300	Services include providing aid to eligible recipients through the Family Assistance, Safety Net, Day Care, Employment, Supplemental Nutrition Assistance Program (formerly called food stamps), Medicaid, and Home Energy Assistance Programs.
<b>Office for the Aging</b>	
518-447-7198	The New York State Office for the Aging's (NYSOFA's) home and community-based programs provide older persons access to a well-planned, coordinated package of in-home and other supportive services designed to support and supplement informal care.
<b>APS</b>	
518-447-7177	APS is a mandated service provided by local social services districts. It involves intake, investigation and assessment of referrals of abuse, neglect, and financial exploitation of impaired vulnerable adults who live in the community
<b>Mobile Mental Health</b>	
518-447-4555	Crisis Intervention services, applicable to adults, children and adolescents are intended to stabilize behavioral health symptoms and return individuals to pre-crisis levels of functioning. Programs that exclusively provide phone support.
<b>HEAP</b>	
518-447-7323	HEAP is a federally funded energy program intended to assist low-income households in meeting their immediate home energy needs.

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<b>SNAP</b>	
800-342-3009	SNAP provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy food and move towards self-sufficiency.
<b>NYS Office of Temporary and Disability Assistance</b>	
800-342-3009	The Office of Temporary and Disability Assistance (OTDA) offers programs for food and temporary cash assistance, heating assistance, child support enforcement, and more.
<b>Medicaid transportation contact for DSNP members with FFS Medicaid</b>	
800-850-5340	Services include processing requests (forms, 2015, etc) from Medicaid recipients and doctors (social workers, office assistants, etc.) and duly facilitating necessary transportation to various private car companies in your area
<b>paratransit</b>	
<a href="https://www.albanycounty.com/departments/aging/transportation">https://www.albanycounty.com/departments/aging/transportation</a> and <a href="https://www.cdta.org/star-program">https://www.cdta.org/star-program</a>	The Capital District Transportation Authority(CTDA), a public benefit organization, provides regular route buses, shuttle buses, and paratransit services in the Capital Region transportation district, with the goal of offering safe, reliable, and courteous service.

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## INDEPENDENT LIVING CENTERS

Regional Counties	Auxiliary Independent Living Centers	Services
<p><b>Lower Hudson Valley</b> Dutchess, Orange, Putnam, Rockland, Sullivan Ulster Westchester</p>	<p><b>Taconic Resources for Independence, Poughkeepsie,</b> Vanessa Dubetsky <a href="mailto:v.dubetsky@taconicresource.org">v.dubetsky@taconicresource.org</a></p> <p>Kathy Sheehan 845-452-3913 <a href="mailto:k.sheehan@taconicresources.org">k.sheehan@taconicresources.org</a></p>	<p>Independent Living Centers (ILCs) are community-based organizations whose main focus is to teach people with disabilities the skills required for independent living. Other services include advocacy, counseling, support groups, assistance with housing, and referrals.</p>

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## NATIONAL CONTACTS

<p><b>Affordable Connectivity Program</b></p>	<p>The Affordable Connectivity Program provides: Up to \$30/month discount for broadband service; Up to \$75/month discount for households on qualifying tribal lands; and A one-time discount of up to \$100 for a laptop, desktop computer, or tablet purchased through a participating provider if the household contributes more than \$10 but less than \$50 toward the purchase price. The Affordable Connectivity Program is limited to one monthly service discount and one device discount per household. Eligibility The guidelines outline specific criteria for eligibility, including having a household income at or below 200 percent of the Federal Poverty Guidelines or having a member of the household who meets at least one of the criteria outlined at <a href="https://www.fcc.gov/acp">https://www.fcc.gov/acp</a>. <b>Two Steps to Enroll</b> 1. Go to ACPBenefit.org to submit an application or print out a mail-in application, and 2. Contact your preferred participating provider to select a plan and have the discount applied to your bill. For more information and full details, visit <a href="https://www.fcc.gov/acp">https://www.fcc.gov/acp</a> or call 877-384-2575</p>
<p><b>Relay Health Services</b></p>	<p><b>711 TTY</b> - Relay Health Services for those with communication impairments- TTY-based Telecommunications Relay Services permit persons with a hearing or speech disability to use the telephone system via a text telephone (TTY) or other device to call persons with or without such disabilities.</p>
<p><b>National Suicide Hotline</b></p>	<p><b>988 - National Suicide Hotline</b>- 988 is the easy-to-remember number that reaches what is commonly referred to as the Lifeline—a network of more than 200 state and local call centers funded by the U.S. Department of Health and Human Services through the Substance Abuse Administration and administered by Vibrant Emotional Health</p>
<p><b>Information and Referral Services</b></p>	<p><b>211-2-1-1</b> is a free telephone number providing access to local community services. 2-1-1 is available in multiple languages, allowing those in need to access information and obtain referrals to physical and mental health resources; housing, utility, food, and employment assistance; and suicide and crisis interventions.</p>

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<p><b>Covid-19 Emotional Support Helpline</b></p>	<p><b>1(844)-863-9314</b> Hours: Every day 8AM-10PM We have an emotional support helpline, educational materials, trusted referrals, and local provider agencies... all dedicated to helping you manage and cope with changes brought on by COVID. NY Project Hope Crisis Counselors understand what you are going through. Talking with them is free, confidential, and anonymous. Talk with someone who is trained, knowledgeable and never judges. Sometimes it's helpful to talk with someone you don't know.</p>
<p><b>Coalition For the Homeless Crisis Hotline</b></p>	<p>COALITION FOR THE HOMELESS CRISIS HOTLINE <b>888-358-2384</b> Call to get help finding shelter or other crisis needs, including SSI Benefits, housing assistance, and Mail Service</p>

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## FINANCIAL

AGENCY   ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE	SERVICES
Family of Woodstock and RUPCO	845-331-2140,(845) 331-7080	39 John St, Kingston, NY 12402		<a href="https://www.familyofwoodstockinc.org/">https://www.familyofwoodstockinc.org/</a>	second housing program for those who need help paying rent. They are running the Homeless Prevention Rapid Re-housing Program, and it will assist those who at imminent risk of being evicted and/or becoming homeless. The rent program can provide money for back rent payments, utility bills, security deposits, and more
Catholic Charities of Ulster County	(845-340-9170	27 Matthews Street - Goshen, NY 10924		<a href="http://www.ccsos.org/">http://www.ccsos.org/</a>	runs programs including Financial Aid/Voucher Services and food and clothing. Get

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					help with paying rent, utility bills, and other financial aid.
Pathstone of Ulster County	(845) 343-0771.	400 East Avenue Rochester, NY 14607		<a href="https://pathstone.org/">https://pathstone.org/</a>	serve the one-time emergency and financial needs of migrant and seasonal farm workers and other rural disadvantaged people in Kingston and Ulster County who may not be eligible for other emergency services. Specifically, the programs offered include food and nutritional assistance, emergency shelter, first month rental and security deposit assistance, rent in arrears assistance, mortgage assistance

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					programs and funds for paying utilities in arrears assistance (one- time only assistance)
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## HOUSING

AGENCY   ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE	SERVICES
Ulster County Habitat for Humanity	(845) 340-0907	406 NY-28, Kingston, NY 12401	Monday - Friday Open 10AM-5PM	<a href="https://ulsterhabitat.org">https://ulsterhabitat.org</a>	partner families live in new or renovated homes, with affordable mortgages, for which their "sweat equity" provides part of the down payment. Our mission is to improve living conditions and ease financial burdens for qualifying partner families.
Ulster County Community Action	(845) 338-8750	70 Lindsley Ave, Kingston, NY 12401	Monday - Friday Open 8AM-4PM	<a href="https://uccac.org">https://uccac.org</a>	empowers lives through community programs & partnerships that promote individual & community enrichment.
United Way of Ulster County	(845) 331-	450 Albany Ave, Kingston,	Monday - Friday	<a href="https://www.ulsterunitedway.org">https://www.ulsterunitedway.org</a>	Assists families who are working, but are unable



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	4199	NY 12401	Open 9AM-5PM		to afford the basic necessities of housing, food, child care, health care, and transportation.
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## HOTLINE

## WEBSITE

Ulster County Contacts: <https://ulstercountyny.gov/departmental-phone-directory>

## URGENT CARE

AGENCY   ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE
Albany Med EmUrgentCare	(518) 264-9000	2976 Rte 9W, Saugerties, NY 12477		
Emergency One	(845) 338-5600	40 Hurley Ave, Kingston, NY 12401		
FirstCare Walk-In Medical Center	(845) 691-3627	222 NY-299, Highland, NY 12528		
Nuvance Health Medical Practices Urgent Care	(845) 443-8740	Valley Mall, 1240 Ulster Avenue Hudson, Kingston, NY 12401		
Pulse-MD Urgent Care	(845) 243-7100	696 Dutchess Turnpike, Poughkeepsie, NY 12603		

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Rosendale Medical Center Urgent Care	(845) 658-9476	1089 NY-32, Rosendale, NY 12472		
Urgent Care Ellenville (Middletown Medical)	(845) 647-6700	112 Shoprite Blvd, Ellenville, NY 12428		
Nuvance Health Urgent Care - Kingston	(845) 443-8740	1240 Ulster Ave, Kingston, NY, 12401		