

# WESTCHESTER COUNTY COMMUNITY RESOURCES

## IMPORTANT CONTACTS TO KNOW

<b>Dept of Social Services</b>	<b>Services</b>
518-447-7300	Services include providing aid to eligible recipients through the Family Assistance, Safety Net, Day Care, Employment, Supplemental Nutrition Assistance Program (formerly called food stamps), Medicaid, and Home Energy Assistance Programs.
<b>Office for the Aging</b>	
518-447-7198	The New York State Office for the Aging's (NYSOFA's) home and community-based programs provide older persons access to a well-planned, coordinated package of in-home and other supportive services designed to support and supplement informal care.
<b>APS</b>	
518-447-7177	APS is a mandated service provided by local social services districts. It involves intake, investigation and assessment of referrals of abuse, neglect, and financial exploitation of impaired vulnerable adults who live in the community
<b>Mobile Mental Health</b>	
518-447-4555	Crisis Intervention services, applicable to adults, children and adolescents are intended to stabilize behavioral health symptoms and return individuals to pre-crisis levels of functioning. Programs that exclusively provide phone support.
<b>HEAP</b>	
518-447-7323	HEAP is a federally funded energy program intended to assist low-income households in meeting their immediate home energy needs.

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<b>SNAP</b>	
800-342-3009	SNAP provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy food and move towards self-sufficiency.
<b>NYS Office of Temporary and Disability Assistance</b>	
800-342-3009	The Office of Temporary and Disability Assistance (OTDA) offers programs for food and temporary cash assistance, heating assistance, child support enforcement, and more.
<b>Medicaid transportation contact for DSNP members with FFS Medicaid</b>	
800-850-5340	Services include processing requests (forms, 2015, etc) from Medicaid recipients and doctors (social workers, office assistants, etc.) and duly facilitating necessary transportation to various private car companies in your area
<b>paratransit</b>	
<a href="https://www.albanycounty.com/departments/aging/transportation">https://www.albanycounty.com/departments/aging/transportation</a> and <a href="https://www.cdta.org/star-program">https://www.cdta.org/star-program</a>	The Capital District Transportation Authority(CTDA), a public benefit organization, provides regular route buses, shuttle buses, and paratransit services in the Capital Region transportation district, with the goal of offering safe, reliable, and courteous service.

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## INDEPENDENT LIVING CENTERS

Regional Counties	Auxiliary Independent Living Centers	Services
<p><b>Lower Hudson Valley</b> Dutchess, Orange, Putnam, Rockland, Sullivan Ulster Westchester</p>	<p><b>Taconic Resources for Independence, Poughkeepsie,</b> Vanessa Dubetsky <a href="mailto:v.dubetsky@taconicresource.org">v.dubetsky@taconicresource.org</a></p> <p>Kathy Sheehan 845-452-3913 <a href="mailto:k.sheehan@taconicresources.org">k.sheehan@taconicresources.org</a></p>	<p>Independent Living Centers (ILCs) are community-based organizations whose main focus is to teach people with disabilities the skills required for independent living. Other services include advocacy, counseling, support groups, assistance with housing, and referrals.</p>

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## NATIONAL CONTACTS

<p><b>Affordable Connectivity Program</b></p>	<p>The Affordable Connectivity Program provides: Up to \$30/month discount for broadband service; Up to \$75/month discount for households on qualifying tribal lands; and A one-time discount of up to \$100 for a laptop, desktop computer, or tablet purchased through a participating provider if the household contributes more than \$10 but less than \$50 toward the purchase price. The Affordable Connectivity Program is limited to one monthly service discount and one device discount per household. Eligibility The guidelines outline specific criteria for eligibility, including having a household income at or below 200 percent of the Federal Poverty Guidelines or having a member of the household who meets at least one of the criteria outlined at <a href="https://www.fcc.gov/acp">https://www.fcc.gov/acp</a>. <b>Two Steps to Enroll</b> 1. Go to <a href="https://www.fcc.gov/acp">ACPBenefit.org</a> to submit an application or print out a mail-in application, and 2. Contact your preferred participating provider to select a plan and have the discount applied to your bill. For more information and full details, visit <a href="https://www.fcc.gov/acp">https://www.fcc.gov/acp</a> or call 877-384-2575</p>
<p><b>Relay Health Services</b></p>	<p><b>711 TTY</b> - Relay Health Services for those with communication impairments- TTY-based Telecommunications Relay Services permit persons with a hearing or speech disability to use the telephone system via a text telephone (TTY) or other device to call persons with or without such disabilities.</p>
<p><b>National Suicide Hotline</b></p>	<p><b>988 - National Suicide Hotline</b>- 988 is the easy-to-remember number that reaches what is commonly referred to as the Lifeline—a network of more than 200 state and local call centers funded by the U.S. Department of Health and Human Services through the Substance Abuse Administration and administered by Vibrant Emotional Health</p>
<p><b>Information and Referral Services</b></p>	<p><b>211-2-1-1</b> is a free telephone number providing access to local community services. 2-1-1 is available in multiple languages, allowing those in need to access information and obtain referrals to physical and mental health resources; housing, utility, food, and employment assistance; and suicide and crisis interventions.</p>
<p><b>Covid-19 Emotional Support Helpline</b></p>	<p><b>1(844)-863-9314</b> Hours: Every day 8AM-10PM We have an emotional support helpline, educational materials, trusted referrals, and local provider agencies... all dedicated to</p>

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	<p>helping you manage and cope with changes brought on by COVID. NY Project Hope Crisis Counselors understand what you are going through. Talking with them is free, confidential, and anonymous. Talk with someone who is trained, knowledgeable and never judges. Sometimes it's helpful to talk with someone you don't know.</p>
<p><b>Coalition For the Homeless Crisis Hotline</b></p>	<p><b>COALITION FOR THE HOMELESS CRISIS HOTLINE</b> <b>888-358-2384</b> Call to get help finding shelter or other crisis needs, including SSI Benefits, housing assistance, and Mail Service</p>

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## FINANCIAL

AGENCY   ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE	SERVICES
White Plains Community Action Program	(914-428-7030)	70 Ferris Ave, White Plains, NY 10603		<a href="https://westcop.org/cap-programs/white-plains-cap/">https://westcop.org/cap-programs/white-plains-cap/</a>	offers a variety of utility and rent payment assistance programs to low to moderate income individuals who have had an emergency situation and have been unable to pay rent or who are facing a disconnection of their service.
Westchester Hispanic Coalition	914-948-8466.	46 Waller Avenue, White Plains, New York 10605		<a href="http://hispaniccoalition.org/">http://hispaniccoalition.org/</a>	has a list of available, low income housing and apartments located throughout the greater Westchester County. Other housing resources

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					include landlord mediation, eviction prevention services, rental assistance and help in re-locations. The non-profit may also coordinate free legal representation to clients in eviction proceedings
Washingtonville Housing Alliance of Mamaroneck	(914) 698-4299	136 Library Lane Mamaroneck, NY 10543		<a href="https://www.washingtonville.org/index.htm">https://www.washingtonville.org/index.htm</a>	help with paying rental arrears. Examples include section 8 applications, one-time back rent assistance, landlord-tenant mediation services, moving costs and relocation assistance. Staff can provide referrals to other non-profits and

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					needed services.
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## HOUSING

AGENCY   ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE	SERVICES
Westchester Residential Inc	(914) 665-2447	144 N 5th Ave, Mt Vernon, NY 10550	Monday - Friday Open 9AM- 8PM	<a href="https://wroinc.org/">https://wroinc.org/</a>	Provides people with housing opportunities.
Westchester Residential Opportunities - Food Distribution Center	(914) 428-4507	470 Mamaroneck Ave, White Plains, NY 10605		<a href="https://wroinc.org/">https://wroinc.org/</a>	promotes equal, affordable & accessible housing opportunities for all residents in our region. We help bring good nutritious food to areas in Westchester County
Westchester Independent Living Center	(914) 682-3926	10 County Center Rd, White Plains, NY 10607	Monday - Friday Open 9AM- 5PM	<a href="https://www.wilc.org">https://www.wilc.org</a>	community-based organization that empowers people with disabilities to lead self-directed lives in the community through advocacy, training and referral to resources that



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					promote independent living.
Lifting Up Westchester (Administrative HQ)	(914) 949-3098	35 Orchard St, White Plains, NY 10603	Monday - Friday Open 9AM-5PM	<a href="https://www.liftingupwestchester.org">https://www.liftingupwestchester.org</a>	providing safe, stable, and affordable housing options to individuals experiencing homelessness.
Community Housing Innovations, Inc.	(914) 683-1010	75 S Broadway, Suite 340 White Plains, NY 10601		<a href="https://www.communityhousing.org/">https://www.communityhousing.org/</a>	Numerous housing programs are offered. Among them, the agency provides affordable, low income rental housing to disabled individuals, homeless families and victims of domestic violence. Using grants and federal funds, they disburse down payment assistance to low and moderate income home buyers. Other case management, advice, and transitional apartments and homes are available.

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## HOTLINE

### WEBSITE

Westchester County Contacts: <https://www.westchestergov.com/departments+>

## URGENT CARE

AGENCY   ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE
Northwell Health-GoHealth Urgent Care	(914) 2022944	30 Hamilton Street, Dobbs Ferry, NY, 10522		
Northwell Health-GoHealth Urgent Care	(914) 2663102	650 White Plains Road, Tarrytown, NY, 10591		
Northwell Health-GoHealth Urgent Care	(914) 2663103	28 Triangle Center, Yorktown Heights, NY, 10598		
Northwell Health-GoHealth Urgent Care	(914) 2663104	77 Quaker Ridge Road, Unit 04, New Rochelle, NY, 10804		